

COVID-19 Information issued by the Regional Public Health Office of the Zlín Region, based in Zlín and regarding the epidemiological situation

Epidemiological situation as of 1 March 2020

Due to the development of the epidemiological situation concerning the occurrence of the disease caused by the novel coronavirus and to the update of related specialized documents issued by the European Centre for Disease Prevention and Control, we would like to point out that, currently, the areas with the presumed community spread of COVID-19 include, as of 1 March, the following:

- **People's Republic of China, South Korea, Hong Kong, Iran, Italy (regions Veneto, Lombardy, Emilia – Romagna and Piedmont), Japan, Singapore**
- **And others, depending on the current development of the situation - for more information, please follow our website www.khszlin.cz**

What to do after you return from an area with a presumed community spread of COVID-19

If you have no symptoms:

- Avoid contact to other people to the maximum extent possible.
- Closely monitor your health condition **for 14 days after your return from a risk area.**
Focus particularly on the following symptoms of a respiratory disease:
 - Fever
 - Cough
 - Respiratory problems
 - Sore muscles and joint pain
 - Chills, shivering

If you notice that you have symptoms of a respiratory disease (temperature, cough, sore muscles and joint pain, chills, shivering, etc.) and you have returned from a risk area during the last 14 days:

- Do not leave your home.
- Immediately call your general practitioner or an epidemiologist at the Public Health Office of the Zlín Region based in Zlín and follow the instructions received.

Contact telephone numbers

Info lines 577 006 759 and 724 221 953 any time between 7:00 and 18:00

During office hours:

577 006 741, 577 006 742, 577 006 743, 577 006 745

Outside office hours in the event of confirmed illness:

MUDr. Jana E. Hošková tel.: 602 156 923

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E-mail: epidat@khszlin.cz, khs@khszlin.cz, podatelna@khszlin.cz

COVID-19

Disease caused by the SARS-CoV-2 virus



Novel coronavirus

Coronaviruses are viruses that **circulate among animals** but some of them are also known to affect humans.

The 2019 novel coronavirus was identified in China at the end of 2019 and is a new strain that has not previously been **seen in humans**.

Prevention

When visiting affected areas

Avoid contact with sick people



Wash your hands with soap and water



If you develop cough, use a medical face mask



Wherever you travel apply general hygiene rules

Symptoms

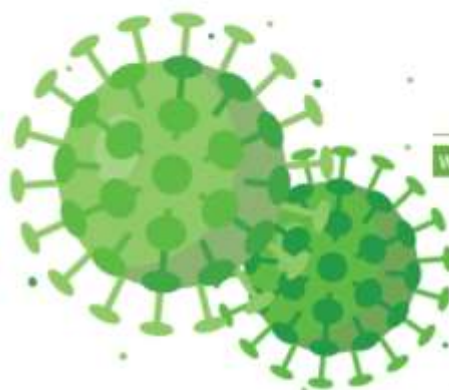
FEVER

COUGH

DIFFICULTY BREATHING

MUSCLE PAIN

TIREDNESS



Transmission

VIA RESPIRATORY DROPLETS

2-14 days
estimated incubation period



ecdc.europa.eu/en/novel-coronavirus-china

List of important links:

http://www.mzcr.cz/obsah/koronavirus-covid-2019_4122_1.html

<http://szu.cz/tema/prevence/2019ncov>

https://www.mzv.cz/jnp/cz/cestujeme/aktualni_doporuceni_a_varovani/index.html